

We work with organizations to equip employees with tools, training, and a mindset to improve Wellbeing, Engage and Retain Talent, and build a Caring-Connected-Culture that guarantees success.

Success Outcomes:

Equip Every Individual

Every person will determine what's important for success in life and at work. Individuals create the "fit" and alignment to smile before, during, and after the workday.

Increase Wellbeing

Support each person to make positive changes, improving the quality of life within the workplace and at home, contributing to everyone being engaged and fulfilled.

Grow a Caring-Connected-Culture

Create a culture that values each individual, and fosters respect, recognition, and inclusivity; improving communication, collaboration, and growth for everyone.

Improve Engagement and Retention

Aligns life and work to support individuals to perform at their best and create a desire to stay.

Develop Talent

Support individuals to build new capabilities to move forward within life and contribute at work.

Promote Inclusivity and Diversity

Harness the unique capabilities and experiences each person brings with them... YOU are unique. YOU are enough. YOU can help others, and Others can help YOU.







Wellbeing Insight Report Results:

Wellbeing Insight Reports provide intelligence and data to show how the organization is performing in the area of wellbeing by highlighting what areas are delivering success or need to be improved.

- Insight #1: Outlines what's important to people and how are people taking action to impact individual and organization success.
- Insight #2: Provides a clear picture of the current situation showing what's going well, and what needs to be improved for long-term success.
- Insight #3: Identifies where people are taking action and how aligning life and work impacts wellbeing, engagement, and retention.
- Insight #4: Calculates a Return on Investment (ROI) showing the bottom line impact.

LifeWork Development Modules Build Capabilities:

LifeWork Wellbeing Training Modules build capabilities to align life and work and builds a Caring-Connected-Culture that guarantees ongoing organization and personal success.

Modules can be self-paced or have a structured path where people move forward together within blended learning sessions, in-person workshops, or online training. All delivery options are tailored to the organization.

MODULE 1 Clear Direction	MODULE 2 Solid Path	MODULE 3 Action	MODULE 4 Growth
 Life Priorities Identify the priorities that are the WHY behind your life. 	o Focus Move with speed to make an impact within your life.	 Planning Resources Outline the day, week, and routines to navigate towards the desired situation. 	Align the right people to support your journey at work and in your personal situation.
o Incredible Life Design Create clarity for your journey by outlining the top LIFEDrivers® (drivers of life).	I o Life Goals I Create goals that show I how life and work will I change. I	I Create the habits that I move you forward.	Building Capabilities Growth happens as individuals build skills and capabilities to support progress in life and work. Networking Learn and share with those around you to build added support.
Define the current situation laying the foundation for taking action and long-term success.	 Solutions Select solutions provided by iLN to implement this week to make real changes within life and at work. 	I o MEAs I Insert Moments, Experiences, and Adventures to fuel life and guide the journey.	

The Core LIFE Resources Toolkit Includes:



LIFEDrivers®

Provides direction to determine what's important to you and where to dedicate time, energy and focus to move forward in your life.



JOURNEYing Guide®

Builds a mindset and allows you to capture your journey and plan moments, experiences, and adventures to deliver the life you desire.



Explorer Experience®

An online, interactive platform designed to provide inspiration, create accountability and build capabilities through videos and practical solutions.